# ALBERT AVI ELHIANI

9340 W. Pico Blvd Ste. 2, Los Angeles, CA 90035 • (310) 430-9557 • DrElhiani@gmail.com • (Fax) 310-288-1774

#### **Podiatric Work Experience**

Far West Podiatric Medical Group, 13624 Hawthorne Blvd, Ste #206, Hawthorne CA 90250; 310-675-0900 July 2020-Current Associate Physician at Medical Group; Thriving practice with emphasis of podiatric medicine and foot & ankle surgery Hawthorne, CA

## **CEO of Eazy Testing & Wellness (EazyTesting.com)**

September 2020-Current

COVID-19 Testing & Wellness Centres with 7 locations in Southern California and 1 in Northern California

Los Angeles, CA

## **EDUCATION**

#### Cedars Sinai Medical Center

Graduate training program in Podiatric Medicine and Surgery with Added Reconstructive and Rearfoot/Ankle (PMSR/RRA) a three-year (36-month) program within the Department of Surgery June 2017 – June 2020

Chief Podiatric Surgical Resident

Los Angeles, CA

#### California School of Podiatric Medicine, Samuel Merritt University

Doctor of Podiatric Medicine

May 2017 Oakland, CA

University of Southern California, Dornsife College of Letters, Arts, and Sciences

Bachelor of Science in Kinesiology

Graduated December 2012 Los Angeles, CA

Member of Phi Sigma Theta Honor Society

January 2009 – May 2010

Attended University of Maryland, College Park

College Park, MD

#### **Yeshivat Shaerizion Mevaseret**

Semester Abroad studying Philosophy and Talmudic Literature

September 2008 – January 2009

Mevaseret Jerusalem, Israel

## BOARD CERTIFICATIONS AND QUALIFICATIONS

American Board of Podiatric Medicine (ABPM)

• Diplomate and board Certified as of October 16, 2020

## American Board of Foot and Ankle Surgeons (ABFAS)

Board Qualified as of 06/29/2020

Part III (PMLexis) National Board of Podiatric Medical Examiners December, 2018 Part II (Clinical Science) National Board of Podiatric Medical Examiners March, 2016 Part I (Basic Science) National Board of Podiatric Medical Examiners July, 2014

#### LICENSES

State of California, License #E5593

Effective 07/17/2019, Expires 04/30/2021

#### PRESENTATIONS & CONFERENCES ATTENDED

#### American College of Foot and Ankle Surgeons (ACFAS) Surgical Skills Arthroscopy Course

November 2019 Rosemont, IL

3 day intensive cadaver arthroscopy course Studied and trained in advanced techniques in ankle arthroscopy, tendoscopy, and subtalar joint arthroscopy

## American Academy of Foot and Ankle Osteosynthesis

Advanced Techniques in Skeletal Fixation of the Foot & Ankle

August 2019

Dallas, TX

- Advanced workshops in areas of trauma, degenerative disorders, deformities, tumors and reconstructive surgical techniques into patient care resulting in improved competence.
- Address practice performance gaps by improving management of all aspects of musculoskeletal injuries

#### American College of Foot and Ankle Surgeons (ACFAS) Scientific Conference

February/March 2016; 2017; 2018, 2019

• Attendee, CSPM/CSHS representative

Austin, TX; Las Vegas, NV; New Orleans, LA; San Antonio TX

# California School of Podiatric Medicine 2nd Year Symposium

# Elected Master of Ceremonies and Presentation on Diabetic Literature

January 2015 Oakland, CA

The Impact of Glycosylated Hemoglobin and Diabetes Mellitus on Wound-Healing Complications and Infection After Foot and Ankle Surgery

## **Abstract Presented at the Annual Society for Neuroscience Conference**

October 2012

## Under the Supervision of Dr. Rayuda Gopslskrishna

New Orleans, Louisiana

• Green tea polyphenols precondition against cell death induced by oxygen-glucose deprivation via reactive oxygen species and protein kinase Cε

#### PUBLICATIONS & RECOGNITIONS

## Foot & Ankle Quarterly, The Seminar Journal; Minimally Invasive Bunion Surgery

July 2020

Commentary and clinical relevance condensation on 2 relevant MIS articles

**Podiatry Today** 

Addressing Lower Extremity Manifestations In Patients With Suspected COVID-19

May, 2020

Scientific Literature Review for American College of Foot and Ankle Surgeons

Evaluation of research published in journals to which podiatric foot and ankle surgeons may not normally subscribe or read

Titled "Reasons for Litigation in Arthroplasty Infections and Lessons Learned"

October 2019

• Titled "Impact of Computed Tomography on Operative Planning for Ankle Fractures Involving the Posterior Malleolus" Jan 2018

Titled "Prevalence of isolated gastrocnemius tightness in patients with foot and ankle pathology"

July 2018

Author of Journal Article Published by: "National Foot and Ankle Review"

April 2016

Titled "Osteochondral Lesions of the Talus: An Evidence-Based Review of the Literature"

Co-Author on Research Manuscript Published By: "Methods in Enzymology"

March 2013

Under the Supervision of Dr. Rayuda Gopslskrishna

Hydrogen Peroxide in Cell Signaling

## Co-Author on Research Manuscript Published by: "The American Journal of Biological Chemistry" Under the Supervision of Dr. Rayuda Gopslskrishna

October 2012

• Manuscript "Green tea polyphenols precondition against cell death induced by oxygen-glucose deprivation via stimulation of laminin receptor, generation of reactive oxygen species, and activation of protein kinase Ce" 2012 Oct 5;287(41):34694-708

• The research shows the neuroprotective effects of green tea on a stroke induced in vitro model and cancer research

# Co-Author on Abstract Presented for the American Association of Cancer Research Conference

April 2012 Chicago, IL

Under the Supervision of Dr. Rayuda Gopslskrishna

Oxidation products of green tea polyphenols induce inactivation of PKC isoenzymes and induce cell death via modulation of selenoprotein thioredoxin reductase and quinone reductase

## **USC Undergraduate Science Journal**

April 2012

"Undergraduates Explore A New Health Benefit of Green Tea"

Student Researcher Under the Supervision of Dr. Rayuda Gopslskrishna

• Recognition as Student Researcher for experiments performed at USC's Keck School of Medicine on the health benefits and role of green tea in preventing, surviving, and overcoming stroke

#### RESEARCH & INTERNSHIP EXPERIENCE

# Dr. Arnold Ross and Associates, Family Footcare and Sports Podiatry Intern to Arnold Ross D.P.M

January 2013 – July 2013

Los Angeles, CA

Los Angeles, CA

College internship and assistant with the casting, molding, & fabrication of orthotics in office lab

#### Keck School of Medicine, USC Department of Cellular and Neurobiology

May 2010 – August 2013

Research Assistant and Lab Coordinator to Dr. Rayuda Gopalakrishan and Dr. Usha Gundimeda

Prepare and edit research proposals and grants submitted to the National Institute of Health
 Proficient in protein isolation/estimation techniques such as western blot, dual luciferase, and LDH assays

## Northwestern Memorial Hospital

May 2008 – August 2008

Intern to Chief, Division of Surgery-Organ Transplantation, Dr. Michael Abecassis and Dr. Josh Levitsky in the Department of Hepatology Internal Medicine

Chicago, IL

Assist w/ manuscript titled "Immunoregulatory profiles in liver transplant recipients on different immunosuppressive agents",
 Published to Human Immunology 2009;70(3):146-150

- Collect data to lay the foundation for research on blood immunephenotyping & the immunosuppressive drug sirolimus (SRL)
- Participate in living donor liver transplants, endoscopies and out-patient biopsies

#### **LEADERSHIP**

## California Podiatric Medical Student Association

August 2015 – 2017

Treasurer & former Treasurer-Elect

Oakland, CA

• Financial management, oversight, and record keeping of all clubs and organizations at CSPM CSPM National Foot & Ankle Review (NFAR)

## Editor to CSPM Annual Research Publication

August 2014 – 2017 Oakland, CA

Refine and polish submitted manuscripts

• Check citations, content validity & formatting

# **VOLUNTEER EXPERIENCE**

#### **Pediatric Deformity Clubfoot Surgical Medical Mission**

January 2020

• 1 week medical mission to the capital of Honduras

Tegucigalpa, Honduras

Performed, assisted, and was involved in >30 surgeries to correct pediatric foot deformities

## Medical Student Volunteer at the Beverly Hills Senior Health Fair

September 2016; 2017; 2018

• Provided basic podiatric medical care to senior citizens

Beverly Hills, CA

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Conducted foot diabetic foot screenings and education sessions

## San Francisco Marathon, The Town's Half Marathon, SF Rock N' Roll Marathon Medical Tent Student Volunteer

July – August 2015, November 2016 San Francisco & Oakland, CA

• Provide general medical/podiatric care to runners and marathon volunteers

• Apply low dye foot taping, ankle, and knee wrapping/bandages to runners; Educate runners on podiatric health

## **CSPM San Yisidro Podiatric Medical Mission**

March 2014, 2015 & 2016

Podiatric Medical Student Volunteer and Translator

San Yisidro, CA

• (2) Day podiatric medical mission over spring break

• Evaluate/treat foot and ankle pathology in Spanish

• Educate underclassman on diabetic and vascular screening techniques and pathology

Mentor to Special Needs Individual w/ Cerebral Palsy

November 2014 – 2017

• Mentor, have weekly meetings, and assist obtaining appropriate equinovarus foot AFO's and PT

Oakland, CA

NON MEDICAL WORK EXPERIENCE

**Lewel Property Management** 

January 2010 – Present

Assistant Manager to Real Estate Development and Management Firm

Los Angeles, CA

Administrative duties including tenant contracts, entitlements, and real estate development and acquisitions

• Establish service contracts, respond to customer inquiries, and manage client accounts

**DJews DJ Business** 

November 2004 – December 2013

CEO, Owner, and Master of Ceremonies of Disc Jockey Company

Los Angeles, CA

Certified Personal Trainer at The Boulevard Gym Los Angeles

January 2011- January 2013

**MEMBERSHIPS** 

American College of Foot and Ankle Surgeons (ACFAS) American Podiatric Medical Association (APMA)

SKILLS/Certifications

- California Podiatric Medical Licence #E5593
- Active DEA License
- Languages:
  - Fluent in English (native), Spanish, and Hebrew
  - o Reading, Writing, and Conversational in all 3

- Adult ACLS, CPR, and AED Certified
- Proficiency in social media and active with Instagram
   @Dr.Elhiani
- ISSA Certified Personal Trainer (Certificate #310996)
- Microsoft Office Skills Word, PowerPoint, and Excel

## **HOBBIES & INTERESTS**

Basketball, Cycling (road and indoor), Hiking, Weight Lifting, Traveling, Community Involvement, Reading, and Family Time